



# Do You See a Non-VA Health Care Provider?

VLER Health is a program that shares certain parts of your Veteran health record between the Department of Veterans Affairs (VA), the Department of Defense (DoD), and selected private health care providers over a secure and confidential network known as the eHealth Exchange. This program is **free** and voluntary for Veterans.

**How might VLER Health benefit me?** Many Veterans receive a portion of their care from non-VA health care providers. Sharing certain parts of your Electronic Health Record (EHR) will help reduce the need for patients and families to carry records between health care providers as well as allow your private health care provider to make more informed decisions about your care. In an emergency, immediate access to additional health care information could save your life.

**Who can view my health information?** Your non-VA health care provider and VA doctors will both be able to see certain parts of your health record and use it to create a better picture of your overall health.

**How do I join?** Signing up is fast and easy. You may sign up in person, through the mail, by fax, or online.

**Online:** Simply visit [www.va.gov/VLER](http://www.va.gov/VLER) for a complete list of instructions on how to sign up online.

## **PLEASE DO NOT EMAIL COMPLETED FORMS BACK TO THE VA Central California Medical Center**

**In Person:** Simply fill out the VA Authorization form (VA Form 10-0485) and turn in at the MyHealtheVet office (in Room #E103, 1<sup>st</sup> Floor) at the VA Central California Health Care System-Fresno; or to the information desk at the Community Based Outpatient Clinics (CBOC) in Oakhurst, Tulare and Merced.

**By Mail:** To print and fill out the VA Authorization VA Form 10-0485, go to [www.va.gov/VLER](http://www.va.gov/VLER) and click on "For Veterans." Mail the Authorization form to :

**VA Central California Medical Center  
Attn: ROI Office (136)  
2615 E. Clinton Avenue  
Fresno, CA 93703**

**By Fax:** Fax the VA Authorization to the VACCHCS ROI Office at (559) 228-6984.

**What if I decide not to join?** Participation is entirely voluntary. Deciding not to participate will not affect your for a VLER Health benefits or your relationship with your doctor and/or the VA Central California Health Care System.

**What if I join and later change my mind?** If you change your mind, you can visit your VA Central California Health Care System website or call the toll-free VLER Health Information line at 1-877-771-VLER (8537) to request the VLER Health Revocation form to stop sharing your health information.

You can also visit our internet site at: [http://www.fresno.va.gov/Virtual Lifetime Electronic Record.asp](http://www.fresno.va.gov/Virtual_Lifetime_Electronic_Record.asp) to download the forms and learn more about VLER Health. Or, contact the VACCHCS ROI at (559) 225-6100 (ext.) 5099.