



DEPARTMENT OF VETERANS AFFAIRS
VA Central California Healthcare System
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NEWS RELEASE
FOR IMMEDIATE RELEASE
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Fresno VA Medical Center to Walk and Roll for Homeless Veterans

FRESNO – VA Central California Health Care System (VACHCS) will host a VA2K Walk and Roll on May 21, at 11:30 a.m. to encourage healthy activity while supporting homeless Veterans with donated food and clothing items.

The VA2K is not a race, and welcomes employees, Veterans, and the general public to walk or roll the approximately 1.2 mile event. The event is free and will be held at the Fresno VA Medical Center at 11:30 a.m. Pre-registration is not required and those interested in participating should plan to arrive at the Fresno VA Medical Center main entrance no later than 11:15 a.m.

“Worksite wellness activities enhance employee engagement and contribute to a more productive and healthy workforce,” said Dr. Wessel Meyer, VACCHCS Chief of Staff and Acting Director. “Last year, the VA2K at the Fresno VA Medical Center was extremely successful. Our goal is to collect even more in-kind donations and involve more participants in support of wellness and homeless Veterans this year.”

The Fresno VA Medical Center event is just one of many VA2Ks taking place May 21 at other VA facilities across the country. In conjunction with the event, the Volunteer Service Program Manager will inform participants of VACCHCS need for in-kind gifts to be used to carry out existing programs for homeless Veterans. However, there is no requirement for a donation in order to participate.

The event is open to people of all fitness levels and can be done over a lunch break. Whether you team up with a coworker, a friend, or participate on your own, there’s no better time than now to step up your fitness level and help improve the lives of homeless Veterans. For additional information and more event details, please contact the local VA2K coordinator, Carol Barney, Health Promotion and Disease Prevention Program Manager, at 559-225-6100 extension 4929 or via email at Carol.Barney@va.gov.

Note: This event is open to media. For advanced information, please contact Sheryl Grubb at 559-228-5308 or 559-836-8731. To read and/or share the web feature, please visit:

www.fresno.va.gov/FRESNO/features/2014_05_21_VA2K_.asp

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